



Additional Menu Items

	Serving Size	Weight(g)	Calories	Calories From Fat	Total Fat	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Egg	Fish	Milk	Peanuts	Soy	Tree Nuts	Wheat	
HAMBURGERS																					
Carolina Classic (1/4 lb.* Patty) All Beef Chili, Chopped Slaw, Onions, Mustard, Sandwich Bun.	1 ea.	204	480	210	24	9	1	80	860	39	3	10	27	x							x
Big Bacon Classic (1/4 lb.* patty, American Cheese Slice, Bacon, Mayonnaise, Ketchup, Dill Pickles, Onion, Tomato, Lettuce, Premium bun)	1 ea.	249	540	270	30	12	1	100	1350	38	2	10	32	x		x		X			x
FISH SANDWICHES																					
Premium Fish Fillet Sandwich (Premium Fish Fillet, Tartar Sauce, Lettuce, Premium Bun)	1 ea.	178	450	200	22	3.5	0	10	1020	47	1	5	16	x	x						x
HOT STUFFED BAKED POTATOES																					
Chili & Cheese Baked Potato (Baked Potato, Cheddar Cheese, Wendy's Chili, Cheese Sauce)	1 ea.	456	500	130	14	8	0	50	950	75	9	8	21			x					
Cheese Baked Potato (Baked Potato, Cheddar Cheese, Cheese Sauce)	1 ea.	371	430	110	12	7	0	35	640	68	7	6	16			x					

Ingredients:

All Beef Chili: Ground Beef, Water, Ketchup (tomato paste, water, high fructose corn syrup, corn syrup, vinegar, salt, onion powder, spice and natural flavoring), Celery with Starch (celery, water, modified food starch, sugar, cellulose gum, locust bean gum, citric acid, sorbate [preservative]), Spice (chili pepper, spices, salt, silicon dioxide, ethoxyquin), Salt, Dehydrated Onion, Black Pepper.

Chopped Slaw: Cabbage, Mayonnaise (soybean oil, egg yolk, water, high fructose corn syrup, distilled vinegar, mustard flour, salt, calcium disodium EDTA), Shredded Slaw Mix (sugar, salt, cellulose gum, xanthan gum, citric acid, spice, potassium sorbate, sodium benzoate), Distilled Vinegar, Carrots, Onions, Alginate (water, vinegar, sugar, propylene glycol alginate), Green Water [water, propylene glycol, yellow 5, blue 1, propylparaben (mold inhibitor)]. CONTAINS: EGG.

Premium Fish Fillet: Cod, Water, Enriched Bleached Flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Modified Corn Starch, Bleached Wheat Flour, Less than 2% of each of the following: Ascorbic Acid (dough conditioner), Disodium Inosinate and Guanylate, Garlic Powder, Leavening (sodium aluminum phosphate, sodium bicarbonate), Malted Barley Flour, Natural Flavor, Onion Powder, Palm Oil, Salt, Sodium Phosphates, Soybean Oil, Spice, Sugar, Yeast, Yellow Corn Flour. CONTAINS: WHEAT, FISH.

Tartar Sauce: Soybean Oil, Pickles, Water, Egg Yolk, Distilled Vinegar, Onion (dehydrated), Salt, Mustard Seed, Lemon Juice (from concentrate), Xanthan Gum, Spices, Garlic (dehydrated), Propylene Glycol Alginate, Potassium Sorbate and Sodium Benzoate (preservatives), Alum, Oleoresin Turmeric, Natural Flavor. CONTAINS: EGG.

The information contained in this list is based on standard U.S. product formulations. Variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, product assembly at the restaurant, and/or the season of the year. Certain menu items may not be available at all locations. Temporary products are not included. Wendy's calculations follow the federal regulations regarding the rounding of nutritional data. This information is effective as of November 2008.

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Certain menu items may vary from store to store and may not be available at all locations.

* Approximate weight before cooking.

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